

We see you, you are doing good work, infuse this into your day to day life.

Love is the essence of all life, it is the heartbeat of Gaia, aria, the earth, feel the unconditional love that is all around you. Pay not attention to the low vibrations of the energy rather, fill the energy around them with love, from your heart, remember to live fearlessly, nothing on this planet can harm you, you only experience the moment and that is all, fear not a shift, a change of vibration, rather be that shift that change of vibration, be the source so others may see. Be the fullest expression of yourself, have no fear as that holds you down into a lower vibration be all that is, encompass all that is, touch all that is with your etheric body, your physical, whatever you can to wake up to that.

We are here as a reminder that we are your extended family, to support you through this journey, we speak yes intuitively, but you can recognize when we shift to the individual self for only a moment to send the communication to you.

We recognize this is all new but yet comfortable to you, you are coming to home to this now, it is being, becoming comfortable, allow and keep allowing, we are here to assist you.

We are here, look at all that is around you and observe that the space within and around is dense it has a density a weight though this is not visible, it is observable, when the wind blows you feel the sense of the wind, pushing against your body. Here it is based of ether, or plasma, it is lighter like a gas, again not visible to the naked eye, but still ever present. When you are with us you can sense that density as it is formed here on the vessel, it becomes even lighter outdoors, you can work with it, be supported by the air around you, as you read it is the aura around your body that can connect to other auras and spaces though it is not visible it is there.

Your aura, feel it, you feel the surface of the skin, move outward through the layers, as you do when you are reading, touching each layer individually, widen your aura, allow it to encompass the entire room, now fill your house, touch our vessel... that's right above you yes feel the earths aura and your aura merging into one. As you reach outward, ever expanding your aura to all, touch all that is , let this membrane permeate all encompass all, be the light from your heart glowing brightly for all to see , keep the energy light, allow it to flow

Here there is not judgment, only beingness, we are all being our individuated selves, but still working collectively, like cells within the body, similar yet different, like snowflakes, each one the same yet different. Yes, because we may appear different, some may fear us, but humans still view the external and judge so much appearances, look into the heart into the eyes and see, that is where you will see the love and compassion, and lose the judgements, my spirit my essence is very similar to yours if not feel the unconditional love I send to you now. One breathe, as we breathe together, allow, teach not to judge, to be an open, an open vessel.

Until another time. With love your unique family.